

Great Lent  
**Troparia at Vespers**  
Tone IV

Znamenny Chant  
Adapted for English by Holy Cross Hermitage

A - men. O The - o - tok - os Virgin, rejoice, Mary, full of grace, the Lord is

with thee. Bless-ed art thou a-mong women and blessed is the Fruit of thy womb;

for thou hast borne the Sav - iour of our souls. *Prostration* Glo - ry to the Father and to the

Son and to the Holy Spir-it. O Baptizer of Christ, keep us all in remembrance, that we

be de - liv - ered from our in - i - qui - ties; For to thee was given grace to in - ter -

*Prostration*

cede for us. Both now and ever and unto the ages of a - ges. Amen. Plead in our be-

half, O holy Apostles and all Saints, that we be de - liv - ered from perils and af -

*Prostration*

flic - tions; For we have ac - quired you as fervent mediators before the Sav - iour. We take

re - fuge beneath thy protection, O Theotok - os. Disdain not our supplication in times of af -

*Bow from the waist*

flic - tion; But do thou de - liver us from us perils, O only pure, O on - ly bless - ed one.