

# LET MY PRAYER BE SET FORTH

Valaam Chant

*When the reader has finished the second Prophecy, the deacon again intones "Wisdom," and while all prostrate themselves, the reader chants thus:*

Let my prayer \_\_\_\_\_ be\_ set\_\_\_\_\_ forth as in - -  
cense be - fore \_\_\_\_\_ Thee, the\_ lift-ing up of\_ my\_\_\_ hands  
as an\_ evening sac - ri-fice.

*And the Choir repeats the same while the reader makes a prostration. When the reader has arisen, we all prostrate again, while the reader chants the verse:*

Ψ. Lord, I have cried unto Thee, hearken unto me. Attend to the voice of my supplication when I cry unto Thee.

*And we again chant the refrain, "Let my prayer be set forth," Likewise with the subsequent verses:*

Ψ. Set, O Lord a watch before my mouth and a door of enclosure round about my lips.

Ψ. Incline not my heart unto words of evil to make excuse with excuses in sins.

*Finally, without prostrations, the reader chants the first half of the refrain, and we respond with the second:*

Ψ. Let my prayer be set forth as incense before Thee;

℞ . The lifting up of my hands as an evening sacrifice.