

The Hymn of Ascents

Tone IV

"Greek" Chant

From my youth have man-y pas - sions warred a - gainst me. But

do Thou help_ me and save me, O my_ Sav - iour. All ye who hate

Si - on shall be put to_ shame_ by the Lord; for ye_ shall be_

with - ered up like grass_ by_ the fire. Glo - ry to the Fa -

ther and to the Son and to the Ho - ly_ Spir - it, both now and

ev - er and un - to the a - ges of a - ges. A-men. By the Ho - ly

Spir - it ev - 'ry_soul is_ giv - en life, is ex - alt - ed by_pur - i - ty and il -

lu - mined by the Threefold Un - i - ty in a_sa - cred myster - y.